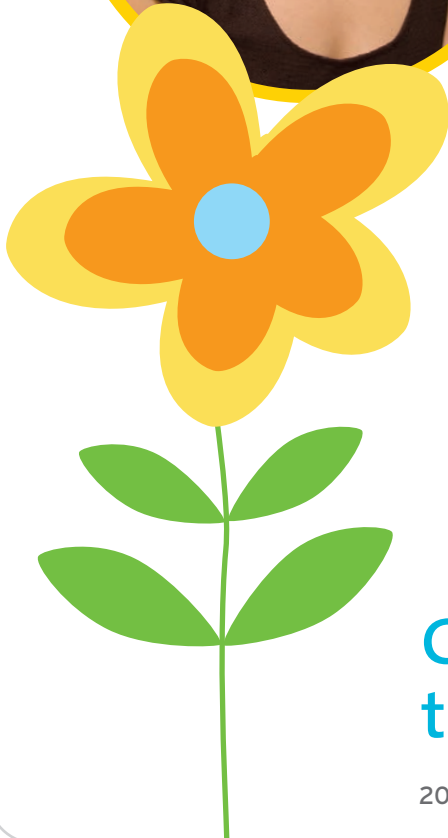


Coming soon to

Pediatric Naturopathic Care **WORKSHOPS**

with Dr. Mary Choi

**silly
goose**
KIDS



1 PEDIATRIC IMMUNE SUPPORT
WEDNESDAY, FEB 13TH, 1:30PM-2:30PM

- Cold and flu
- When and how to treat a fever safely

2 VACCINATIONS: AN INFORMED DECISION
WEDNESDAY, MARCH 13TH, 1:30PM-2:30PM

- Understanding more about the diseases you are vaccinating against
- Alternatives to vaccinating
- How and when to safely vaccinate

3 FOOD INTRODUCTION TALK
WEDNESDAY, APRIL 10TH, 1:30PM-2:30PM

- When and how to introduce food
- Philosophy behind food introduction

4 ALLERGIES
WEDNESDAY, MAY 15TH, 1:30PM-2:30PM

- How to identify allergies in your child
- Some ways to remedy and prevent your child's allergies



\$25 per talk

\$80 if you book all four (Prices include HST)

Go to www.drmarychoi.com/workshops
to register!